

# Still Life Supply list

## **Paint:**

Oils, (either traditional or water soluble) will be covered in this class. If you have not tried oils and are hesitant to work with toxic solvents, water-soluble oils are a wonderful alternative. They mix and clean up with water. DO NOT PURCHASE STUDENT GRADE PAINTS.

## **Basic Palette:**

- Cadmium Yellow Light (Lemon)
- Cadmium Yellow Medium
- Cadmium Red Light
- Alizarin Crimson
- Ultramarine Blue (Deep best)
- Prussian Green (or Viridian)
- Thalo Yellow Green (or Sap)
- Mauve or Blue Violet
- Titanium White-large tube

## **Additional Colors:**

- Cobalt Blue
- Cadmium Orange
- Thalo Red Rose
- Burnt Sienna
- Yellow Ochre
- Olive Green
- Indigo
- Luminous colors by Holbein

I strongly recommend that you limit your palette and learn to

mix colors. The additional colors are for the few times you need and extra punch in your color.

### **Solvents:**

Odorless Turpenoid or Odorless mineral spirits. No regular solvents. If you chose to use traditional oils, I recommend that you wear gloves, and you must carry a leak proof container. Do not skimp on this item, as leaks are both toxic to humans and the environment.

### **Brushes:**

While you may be tempted to purchase less expensive brushes, this is not an area to be frugal. You get what you pay for in a brush; therefore it is better to buy 2 good brushes rather than 6 lesser quality brushes. I prefer flats and filberts, but use others as well. Find a few brushes you really like and learn to use them well. You can expand your brush handling over time. You will need one small brush (size 2) filbert for drawing and details and several others medium to large #4-#10. With water-soluble oils you will need to use synthetic brushes. Natural bristle brushes will dry out and expand in the water used to thin the oils. I use Princeton series 6300 and Rosemary synthetic which are most like boar bristles. I also use Monarch brushes which are similar to sable brushes.

### **Easel:**

Bring a pochade or light easel for the workshop. You will be able to leave all your equipment in the studio for the entire workshop. We will be moving around a large still life set-up, so lighter is better.

### **Palette:**

You can store your paints in a Masterson's box with the air tight lid if you are in the studio or class. Putting a neutral

foam lining under glass on the bottom allows for quick cleanup, and storage. Use a dab of petroleum jelly on the seal and store unused paint inside the box, then stored in the refrigerator (not the freezer which will cause the box to crack).

### **Supports:**

On the first day, please bring several canvases not larger than 9 x12. I use linen stretched canvas, panels and boards. Canvas is fine, especially when doing quick studies. Bring a variety of sizes for the remainder of classes.

### **Additional supplies:**

- Paper Towels or box of Kleenex (Pick-a-size towels are great)
- Plastic grocery bags (for soiled towels) to hang on setup
- Small cup (w or w/o clip) to put solvent or water and attach to setup
- Palette knife and/or single edge razor for cleaning palette
- Airtight solvent holder or plastic cup with handle (for water) to Rinse brushes. NO SOLVENTS DOWN SINKS OR Poured ON GROUND
- small sketch book and pencil
- view finder w/ tinted flim. [www.pictureperfectviewfiner.com](http://www.pictureperfectviewfiner.com) is excellent.
- color wheel (small to set by your easel)